



Light up Your Life

23-30 May 2010

2010

Program
Palmerston
Festival

**FRIDAY
28 MAY**

Sound Healing

12n to 3pm
Goyder Square

Program



Preparation For 2012
**Immerse Your Self
 For 3 Days in Bliss**
 Through Sound Healing &
 Transformational Initiations
 28 - 30 May 2010 Darwin
 Contact Steve: 0422 545 464
www.bhagavandharma.org/darwin.htm

12n-3pm	Lunar Light Sacred Sound & Healing Goyder Square, Palmerston
May Full Moon	Today is the May Full Moon day and traditionally a time of healing and reflection.
12n-3pm	Alternate Practitioners show off their skills and share their knowledge and information on their modality.
12n-3pm	Bring along your children to have their face painted courtesy of Bunnings Warehouse.
1pm-2pm	Join Dr. Robert March for a session of sound healing incorporating sacred instruments and voice. Experience the power of sound to relax your mind, enliven your body, and expand your heart. Bring a drum and/or rattle if you have one and participate in creating or just relax and receive healing sound. Facilitator Dr. March BS, MsT, RMT, ND has been involved with meditation and natural healing since 1968. In his sound healing practise, Dr March works with the following sound generators; a white stone carillon, a 1200 year old Tibetan Bowl, an Aboriginal rain stick, a sacred medicine drum and his voice. Come and join Robert as he provides a free group chanting and sound healing session in Goyder Square.

**Palmerston's
Got Talent**

Program

**Palmerston's
Got Talent**



You have until 14May to enter
 Ph: 8935 9961
susanne.macrae@palmerston.nt.gov.au

7pm - 9pm	Palmerston's Got Talent, Theatrette, Palmerston High School Tilston Avenue, Driver
Register by 14 May10	Phone: 8935 9961 or email susanne.macrae@palmerston.nt.gov.au
	This annual event always attracts a great array of talent to amuse, delight and entertain you.
TICKETS	Only 100 tickets available. Email your details to festival@palmerston.nt.gov.au for your FREE ticket.
6.30pm	Doors open. Entry is restricted to ticket holders.