



# *Flowering of the Heart*

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Newsletter from  
the heart and  
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## 2012 & the Emergence of Divine Light

[Kiara Windrider](#)

What on Earth is going on? Amid ecological ruin, financial collapse, political breakdowns and social upheavals around the world, can we look for clear signs of optimism and hope?

It seems clear to me that if something does not radically change on our planet soon, we are doomed to go the way of the dinosaurs. Whether we go out with a big bang in some sort of cataclysmic event, or go out with a whimper slowly suffocating in our own wastes, may not make much of a difference.

Meanwhile, the Mayan calendar, which according to most scholars ends on December 21, 2012, continues to evoke all kinds of speculations. We are not so far away from this date. Will it come and go with no more impact than one day passing into another? Will the world suddenly end with a bang in one of several doomsday scenarios? Or could this date represent a birth passage, an initiation into a deeper planetary consciousness that could transform our perception of reality as we know it?

If so, then when and how does all this happen?

Amid all the mysteries and controversies surrounding the Mayan calendar, we do know that it was a predictive calendar going back thousands of years, and that ancient timekeepers set it up to measure galactic rather than solar cycles.

What is this galactic cycle being measured? Astrophysicist Paul LaViolette coined the phrase "galactic superwave" to represent a pulse of high-frequency cosmic and gamma ray particles emanating from the center of our galaxy. This pulse is like a galactic heartbeat, moving out in concentric waves traveling close to the speed of light, one major pulse every ten-fifteen thousand years, each one lasting for several hundreds of years.

While LaViolette does not explicitly equate this pulse with the Mayan calendar, I have come to believe that the end date of the Mayan calendar could well be referring to the next peak of this galactic superwave moving through our solar system.

Based on geological and mythological records pertaining to earlier cycles of this galactic superwave, we can predict that the next passage of this wave could have a

very significant impact on our consciousness as well as on the physical body of our planet.

The last impact of this wave was approximately twelve or thirteen thousand years ago, initiating a chain of circumstances that on a physical level precipitated enormous earth changes and eventually the sinking of an entire continent known in our mythologies as Atlantis.

This is certainly a scenario that could be repeated this time around. I believe, however, that collectively we have achieved a state of consciousness where another scenario becomes possible.

Sri Aurobindo, a highly evolved mystic and Indian freedom fighter, envisioned more than a hundred years ago the total metamorphosis of the human species in the very near future, preceded by the signs of apparent chaos that we are seeing all around us.

He referred to the descent of a "supramental light" that would infiltrate our bodies and all systems on our planet, creating an entirely new species of humanity and transforming the Earth.

The cycle of the "yugas" expounded by the great Indian yogi, Sri Yukteswar, may also have to do with this periodic pulse of the galactic superwave. We are currently at the end of a Kali Yuga, awaiting the next passage of the galactic superwave to propel us into an imminent Age of Light.

What are the mechanics of this transformation? Geological records indicate that the most recent passage of the galactic superwave was associated with a collapsing of Earth's magnetic field, and perhaps even a polar reversal. In our own time, scientists report that Earth's magnetic field has experienced a sharp decline within the past 150 years, and continues to decrease exponentially.

How is this relevant to us? Our thoughts, feelings, memories and identities are held within an electromagnetic field surrounding our physical bodies that we refer to as the "aura." Our personal auras are directly linked with Earth's electromagnetic fields.

As Earth's magnetic field continues to collapse, it could create a profound shift in our consciousness. Most of us experience ourselves as a fixed identity based in the past, separate from the rest of the universe. This is the fundamental cause of our dualistic perception of reality and the root of aggression, greed, violence, and fear--all of which could be changing soon.

Along with the collapse of Earth's magnetic field, scientists are also predicting a quantum shift in the base harmonic frequency of matter as a result of this incoming superwave. All matter within our solar system is preparing for a frequency shift. As our bodies start vibrating to this higher frequency, new programs within our DNA could be activated, allowing us to anchor the frequencies of our soul--resonantly.

The confluence of these two phenomena--a decrease in Earth's magnetic field accompanied by an increase in matter's frequency--indicates that we are in the

process of dissolving a personal identity based in separation and duality, while at the same time downloading the highly potent frequencies of our Higher Dimensional Self into our physical, emotional and mental bodies. Sri Aurobindo saw that we would soon be living in bodies of "true matter," collectively transmuting as a species from the "human human" into the "divine human" capable of experiencing the full potential of our divine self here on Earth!

Is it possible that the end date of the Mayan calendar represents the first large-scale impact of the galactic superwave into our solar system, activating a sudden and profound collective shift unlike anything we have seen before?

Many of us are already beginning to experience this shift. Our bodies are changing. We are going through extreme emotional roller coasters as subconscious fears come up for release. Our safe and familiar world is falling apart. We are literally losing our minds. Our linear flow of time is giving way to a multidimensional reality where the laws of nature no longer work the same way, where perceived limitations of time, space, matter and consciousness are dissolving. We are exploring the edges of what we once thought impossible.

The economic, political and social chaos we are currently experiencing in the outer world is also part of the process. Systems based in the old paradigm of greed and dominance are falling away, while new systems and understandings of the universe are evolving which resonate with the new energies coming in.

New technologies are being discovered to replace our dependence on power companies and oil. New systems of healing based on subtle energy fields are emerging to complement the current medical model. And we are discovering new ways to release subconscious fears and trauma from cellular memory in order to access and embody the multidimensional consciousness of our galactic selves.

For those on a spiritual journey, we are recognizing that it is not enough to briefly experience cosmic states of consciousness while leaving the body behind. We are being asked instead to transform the physical body by embodying this cosmic light into cellular consciousness, a process which changes our very DNA. Like a caterpillar transforming into a butterfly, we may well be preparing for the most profound genetic transformation in recent geological history.

This is an intense but exhilarating process, and has been part of my own exploration for many years. Some years ago, it led me to Deeksha, a hands-on transmission of divine light originating in India. More recently, and even more profoundly, it has led me to working with a morphogenetic field of divine light known as *Ilahinoor*, with roots in the mystery school traditions of ancient Egypt.

Linked also with "ascended masters" such as Jesus, Babaji and St. Germaine, and with the multidimensional consciousness of whales and dolphins, Ilahinoor is an ancient and universal morphogenetic field designed to prepare the physical body for merging with the lightbody. As the intelligence within the body is linked to higher vibrational fields of the incoming cosmic light, deep subconscious fears and traumas can be released from cellular memory, allowing us to express the unified consciousness of our multidimensional self.

My website offers more details about how each of us can easily and profoundly connect with this morphogenetic field. The time has come where each of us must recognize ourselves as part of a bigger whole and take responsibility for our part in the collective transformation of humanity and the Earth.

My new book, *Journey into Forever: Surfing into 2012 and Beyond*, goes into a more detailed exploration of these themes.

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**Sol Luckman**<sup>1</sup> on his website <http://www.phoenixregenetics.org/page17.html> states: Physicist Amit Goswami, author of *The Self-Aware Universe: How Consciousness Creates the Material World*, advances a parallel theory of evolution in which **consciousness is primary** and matter is secondary. Goswami similarly points out that natural selection simply cannot account for significant changes in the complexity of systems--as in, from primate to human. "Instead," writes Goswami, such changes "show the quantum leap of a creative consciousness choosing among many simultaneous potential variations." On a related note, human language, as pointed out by well-known linguist Noam Chomsky, clearly does not exhibit a linear development from animal to human speech patterns. "This poses a problem for the biologist," concedes Chomsky, "since, if true, it is an example of a true 'emergence.'"

Such an "emergence," or virtually spontaneous transformation of a species, or Harvest, is a hallmark of Ra's cosmology as articulated in *The Law of One*, in which souls evolve through dimensions or "densities" from so-called inanimate matter, to animals, to humans, to what might be described as "angelic" incarnations in higher dimensions of existence. **A central point here is that such evolutionary leaps are indeed leaps, and typically occur within a single generation.** Ra states, "Those who, finishing a cycle of experience, demonstrate ... understanding ... will be separated by their own choice into" an appropriate and comfortable dimension of experience. "All are harvested regardless of their progress, for [by this time] the planet itself has moved through the useful part of that dimension and begins to cease being useful for ... lower levels of vibration."

As indicated by both *The Ra Material* and the Mayan calendar, rather than in fits and starts, such evolutionary fast-forwards of physiology and consciousness appear to happen in systematized, predictable cycles. Ra points out that in the third dimension of experience, Harvest occurs three times, once every 25,000 years, with those sufficiently evolved in consciousness "making the grade," as it were, to gain admission to Fourth Density.

Fascinatingly, the Mayan calendar<sup>2</sup> can be interpreted to map out a 26,000-year cycle--one, like Ra's model, that ends in a few short years around 2012. Theorizing a "harmonic relationship" between the 26,000-year Mayan calendar and 26-million-year period between extinctions/evolutionary leaps in the fossil record, Wilcock notes that all terrestrial species have suddenly evolved, or metamorphosed, every 26 million years--making a compelling case for "an outside energetic influence that operates in a regular, cyclic fashion."

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<sup>1</sup> From Book One on the Regenetics Method, *Conscious Healing: The Photon Band & Black Road*. It takes 225 million Earth years for the Milky Way Galaxy to make one complete rotation through the Photon Band, which is believed to be a birth cycle for our galaxy. The Black Road, a Mesoamerican phrase for a type of wormhole, can be conceptualized as simultaneously an astrophysical and genetic alignment with Galactic Center that engenders a Shift in consciousness. Copyright (c) by Sol Luckman and Kara Brown.

<sup>2</sup> In an article entitled "The Real Meaning of the Mayan Calendar," Anthony Goodman writes, "Unlike other calendars, [the Mayan calendar as decoded by Calleman] does not time astronomical bodies. It is purely a calendar, a timeline, of the Evolution of Consciousness. The calendar comprises nine discreet cycles of creation, nested within each other, all ending on a particular date. That date, believed by Calleman to be October 28, 2011, as opposed to the more well-known date of December 21, 2012, is when this phase of conscious evolution ends and a transformation in consciousness takes place.."

To understand what outside energetic influence is responsible for these regular evolutionary revolutions, it is necessary to touch on the concept of **torsion energy**, universal creative consciousness or--in Ra's terminology--"intelligent energy," a subject I elaborate on in considerable detail in *Conscious Healing*. Some writers, notably Barbara Hand Clow, have focused attention on something called **the Photon Band, which can be envisioned as a torsion-wave "light lattice" connecting Earth via our sun to the Core of our galaxy that serves as a guiding data communication network for human as well as planetary evolution**. Such an understanding of the universal communication network is deeply "shamanic," underpinning the majority of the world's native wisdom traditions, as well as my own form of energy healing called the Regenetics Method.

Wilcock's impressive body of research indicates that something very much like a Photon Band exists as lines of intelligent, higher-dimensional torsion radiation emanating from Galactic Center. Both Wilcock and Clow envision the Photon Band as tracing figure-eights throughout the Milky Way Galaxy. It appears from Dr. Nikolai Kozyrev's research involving aether that such looping "zero point" energy based on the phi ratio (1.6180339) is, among other things, directly responsible for our spiral<sup>3</sup> experience of time.

Reading between the lines, the experienced student of the Mayan calendar will hear in Calleman's words a critique of interpretations of the Mayan calendar as purely a measurement of revolving astronomical cycles--the type of reading given to the Mayan calendar by John Major Jenkins, for example. Instead, **Calleman's Mayan calendar is, first and foremost, a map of the evolution of consciousness**. Driving home his point, Calleman elaborates that "endlessly repeated identical astronomical cycles could never explain the evolution of consciousness." On the subject of embracing the Mayan calendar as a spiritual map with a clearly defined teleological focus, Calleman writes, "If today we are to embrace a worldview in which consciousness is more important than matter, we ... need to base our timekeeping on the nonphysical, invisible reality [that gives rise to reality] rather than on the physical."

Although to the best of my knowledge Calleman is not consciously drawing on *The Ra Material*, his interpretation of the Mayan calendar is exceedingly consistent on numerous points with Ra's cosmology--and indeed, constitutes a further validation of the latter (in which the "body [the physical] is a creature of the mind"). Certainly, **Calleman's central theme, like Ra's, is unity**. Ra explicitly describes how our movement into the next density will have the effect of removing the veil in the mind that currently separates human from divine consciousness. In parallel fashion, Calleman writes of the end of the Mayan calendar, "No longer will there be an experience of separation between human beings and God. If we do not experience ourselves as gods, we will, at the very least, experience ourselves fully as the manifestations of the Divine that we truly are."

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<sup>3</sup> The spiral is the sign of the eternal, creative, unifying and organising force or principle at work in the universe, and especially of the ongoing creation of consciousness. It is a divine mark on nature, what may be termed God's personal signature on the cosmos, the Great Architect's own autograph--from the cradles of stars and planets in the awesome spiral arms of galaxies to the beautiful double helix structure of the DNA molecule [...] As the spiral seems to be integral to physical growth, so it is also the symbolic pattern of human spiritual growth ... [T]he spiral is as much part of our "cultural" DNA as it is part of our biological DNA [...] Indeed, I have come to realise that "spirality"--the condition of being spiral--and "reality" are almost interchangeable terms -- Geoff Ward from *Spirals: The Pattern of Existence*

In *The Mayan Code: Time Acceleration and Awakening the World Mind*, a recent study that builds on Calleman's work, Barbara Hand Clow further elaborates on the very Ra-like idea that mind or consciousness is at the root of all experience: "Time acceleration driving evolution functions in all ... dimensions ... I believe that time in the ninth dimension is the actual driver of evolution in the Milky Way Galaxy, and I also think this concept is very close to what the Classic Maya thought."

In humans, as I observed back in 2005, **evolutionary activation occurs as torsion waves stimulate "jumping DNA" (mobile genetic units that Nobel laureate Barbara McClintock termed *transposons*) to rewrite the genetic code**--a phenomenon supported by a great deal of scientific evidence. Bruce Lipton's research in epigenetics, as detailed in *The Biology of Belief: Unleashing the Power of Consciousness, Matter, and Miracles*, unambiguously demonstrates that cells possess the ability to reprogram their own DNA, with tangible physical results, when environmentally prompted. Dr. Lipton hypothesizes that such rewriting, which is typically favorable to the organism (an important point), accounts for the vast majority of evolutionary (trans)mutation.

biochemist Colm Kelleher discusses the subject of radical genetic metamorphosis as a result of what he terms a **transposition burst**. "If one were to hypothesize a transmutation of the human body," writes Dr. Kelleher, it "would be necessary to orchestrate a change, cell by cell, involving the simultaneous silencing of hundreds of genes and the activation of a different set of hundreds more." Concludes Kelleher, a "transposition burst is a plausible mechanism at the DNA/RNA level that could accomplish such a genome wide change ... that eventually results in transformation of the human body."

In much recent literature on the subject, the transfigured body Kelleher envisions has been called the **lightbody**. Mounting evidence clearly shows that the lightbody is not merely an esoteric fantasy but, at the very least, a bio-spiritual possibility. **Many ancient peoples, in fact, believed that to survive and thrive through the Galactic Alignment that is now occurring, one must be willing and able to develop a lightbody--which, according to Ra, is precisely what occurs, for those who have sufficiently prepared themselves, during the dimensional transition to Fourth Density.**

Throughout the centuries the lightbody has been called by many names. Other historical names for the lightbody include the "Diamond Body" and "Jade Body" (Taoism), the "Merkabah" (Kabala), the "Adamantine Body" (Tantra), the "Glorified Body" (Christianity), "Holy Flesh" (Catholicism), the "Superconductive Body" (Vedanta), the "Supercelestial Body" (Sufism), the "Radiant Body" (Neo-Platonism), the "Immortal Body" (Hermeticism), the "Body of Bliss" (Kriya Yoga), the "Perfect Body" (Mithraism), and the "Golden Body" (*Emerald Tablets*). According to author and researcher Sai Grafio, who contributed to the foregoing list, the Tibetan Buddhist tradition is the only ancient tradition that actually refers to our ascensional vehicle as the lightbody. It goes almost without saying that the building of any kind of body, "natural" or "supernatural," is accomplished by way of life's building block, DNA, in one form or another.

With great prescience in the mid-Twentieth Century, Indian philosopher and holy man Sri Aurobindo referred to the lightbody as the "Divine Body," explaining that it "is indeed as a result of our evolution that we arrive at the possibility of this

transformation ... Here a slow and tardy change need no longer be the law or manner of our evolution; it will be only so to a greater or lesser extent so long as a mental ignorance clings and hampers our ascent."

In the Bible the lightbody is referred to as the "Spiritual Body" and the "Wedding Garment." The resurrection and glorification of the body is a central dogma of the Catholic Church, which maintains detailed records of lightbody activations in its strict records used in the canonization process for saints. Perhaps the most famous biblical passage that appears to describe the transformation of the human body into a lightbody occurs in Saint Paul's epistle I Corinthians 15:39-44:

All flesh is not the same flesh: but there is one kind of flesh of men, another of beasts, another of fishes, and another of birds.

There are also celestial bodies, and bodies terrestrial: but the glory of the celestial is one, and the glory of the terrestrial is another.

There is one glory of the sun, and another glory of the moon, and another glory of the stars: for one star differs from another star in glory.

So also is the resurrection of the dead. It is sown in corruption; it is raised in incorruption.

It is sown in dishonor; it is raised in glory; it is sown in weakness; it is raised in power.

It is sown a natural body; it is raised a spiritual body. There is a natural body, and there is a spiritual body.

In the words of James Redfield, Michael Murphy and Sylvia Timbers in *God and the Evolving Universe: The Next Step in Personal Evolution*, we

can begin to picture bodily changes that might accompany the further development of our greater attributes, supposing: first, that esoteric accounts of bodily transformation, though frequently fanciful, reflect actual developments of physical structures as yet unrecognized by science; second, that supernormal capacities, like their normal counterparts, require distinctive types of supporting structure and process; and third, that we can extrapolate from physiological changes already revealed by modern research in imagining bodily developments required for high-level change.

*God and the Evolving Universe* is a thoughtful and scholarly study of planetary evolution and human potential whose focus--perhaps surprising for a National Bestseller--turns out to be "luminous embodiment."

Wilcock concludes that the human species, much like caterpillars entering metamorphosis, is currently "being programmed by the galactic center to become more advanced while ... still here in our bodies." This is made possible because the "DNA molecule is like a programmable piece of hardware ... so that if you change the energy wave that moves through it, the jumping DNA will encode it into a completely different form." Thus it is entirely possible that "as we move into increasingly 'intelligent' zones of energy in the galaxy, the DNA energy patterns for the creatures on the planet are all upgraded, and the mutations occur so rapidly--well within one lifetime--that no 'transitional' fossils exist."

In 2007 Wilcock expounded on the idea that DNA is actually a wave form in his blog on [DivineCosmos.com](http://DivineCosmos.com): "For years now we've been saying DNA is a wave--spiraling 'nonliving' material together into a molecule. Now there's proof! A huge validation has just been handed to us from the annals of mainstream science, 'discovering' something we'd already know--and published--since 2001. Loose inorganic materials can spontaneously and intelligently spiral together to form DNA ... in the cold emptiness of space! One DNA molecule is as complex as an entire encyclopedia--so

without a higher, organized intelligence guiding the process, we really cannot explain this."

The research Wilcock is referencing involved controlled experiments in which **DNA literally formed out of a hermetically sealed container--basically, a vacuum--when exposed to human consciousness, or torsion waves.** "DNA is a physical materialization of what torsion-waves look like at the tiniest level," he writes. "Don't forget we are dealing with intelligent energy ... This, of course, strongly suggests that life could form spontaneously from inert 'nonliving' material."

In 2006 NASA's Spitzer Space Telescope discovered some of life's basic ingredients in the dust spiraling around a developing star. These gaseous ingredients--precursors to DNA and protein--were detected in the star's terrestrial planet zone, where rocky planets such as Earth are believed to originate. The findings represent the first time that these gases, acetylene and hydrogen cyanide, have been found in a terrestrial planet zone other than our own. Caltech's Dr. Geoffrey Blake pointed out that if "you add hydrogen cyanide, acetylene and water together in a test tube and give them an appropriate surface on which to be concentrated and react, you'll get a slew of organic compounds including amino acids and a DNA purine base called adenine."

"This infant system might look a lot like ours did billions of years ago, before life arose on Earth," commented Fred Lahuis of Leiden Observatory in the Netherlands and the Dutch space research institute called SRON. Lahuis and his colleagues were surprised to discover the organic (carbon-containing) gases encircling a star called IRS 46 in the Ophiuchus or "Serpent Bearer" constellation approximately 375 light-years from Earth.