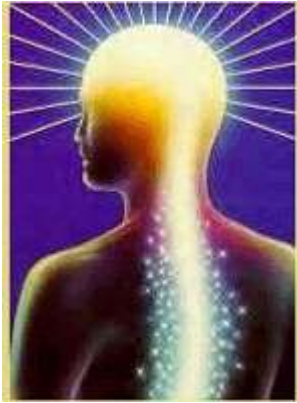


CHAKRA BALANCING WITH ESSENTIAL OILS AND LAYING-ON-OF-HANDS

With Dr Robert March, BS, ND (USA certified)

Tel: **0413 692 341** Email: vibrational_healing@dodo.com.au



What are the Chakras?

The chakras are vortices of energy that are located in our etheric body and are part of our etheric body.

They are found in both the front and the back of our body. The chakras in the front are considered to be magnetic (feminine) and the chakras in the back are considered to be radiatory (masculine). Therefore we can say that the front side of us is magnetic and the

back side is radiatory. The front absorbs and is more receptive and Yin and the back radiates out information and is more Yang.

Humans have 7 major chakras and 14 minor chakras. Each chakra is associated with a particular gland, emotions and thoughts.

Chakra 'energy' – is made up of **Prana, information** and **light** – in other words... universal life force energy. Universal light force energy is another word for God's Love. Light and Love are interchangeable as are light and consciousness, light and universal intelligence.

Gods' Love and Light encompass Divine love, Divine intelligence, Divine power, Divine will, Divine mercy, Divine forgiveness, etc.

There are symbols, colours and sounds associated with every chakra.

In Hinduism and Buddhism the chakras are symbolised as flowers. In our human undeveloped state the chakras are like flower buds waiting to be opened. As we grow and expand our consciousness more light is absorbed into the flower bud and assists it in its expansion, until the time comes and we house so much Love and Light in our chakras that 'we are in full bloom' that is, our chakras are fully opened and we are in a state of full awakening. This is the conscious and unconscious purpose of every human's incarnation.

The chakras start in the etheric body and radiate out through all levels of our aura. When we take care of our aura we are also taking care of our chakras.

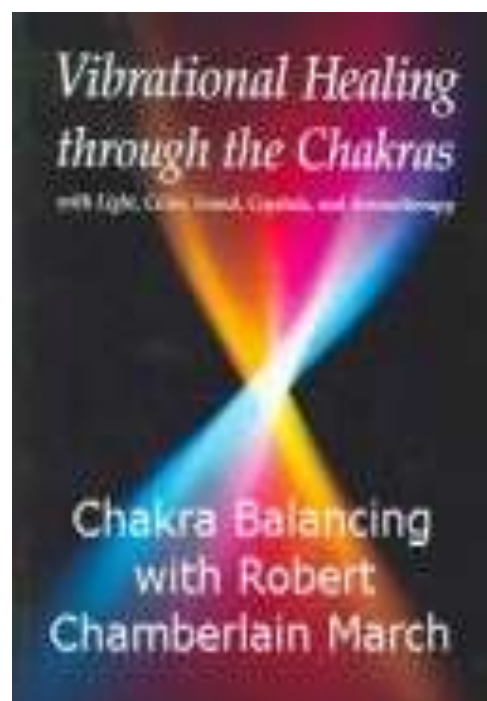
However, because each chakra is individual and governs particular glands in the body and specific aspects of our emotional and mental bodies, focusing on each chakra and understanding the particular nature of each chakra can make that aura care more effective and more powerful.

The use of essential oils and laying-on-of-hands is a wonderful way to cleanse, open, and bring balance to our chakras. The pure essential oil gifts from nature carry high vibrations of Love and Light, which help to elevate our consciousness and open our 'flower petals'.

Some of the oils that may be used for Chakra Balancing are:

Bergamot
Cedarwood
Chamomile
Frankincense
Jasmine
Lavender Fine
Lime

Myrrh
Myrtle
Patchouli
Rose
Rose Geranium
Rosewood
Sandalwood
Vetiver



If there is a blockage in our aura there will be a blockage in the energy flow to our chakras and therefore to our physical body. These oils will help to clear the energetic pathways between our aura, chakras and physical body.

It is important to first clear and heal our aura and chakras before we attempt to open our 'flower petals'. If our chakras are forced open before their time we can experience a variety of imbalances in our physical, emotional and mental bodies.

Laying on of Hands:

The hands are the extension out into the world of the heart chakra. The heart chakra is governed by the air element and is associated with the sense of touch. As the heart chakra opens up more and more we grow into the full awakening of our divine nature. We are able to assist in our client's healing through touch, thought, and healing at a distance. We grow into the highest states of health and wellbeing: unconditional love, divine forgiveness and compassionate action for the highest good of all sentient beings.

The heart chakra is symbolized in the Western tradition by the six pointed Star of David:



The upward facing triangle symbolizes the heart chakra's ability to bring in the transcendental energies of the crown and third-eye chakras, as well as the etheric energies of the throat chakra. The downward facing triangle symbolizes the heart chakra's ability to bring in and uplift (transmute and transform) the lower energies of the base, sacral, and solar plexus chakras. The pentagram in the middle symbolizes that the heart chakra has the ability to integrate all the 5 elements that make up the vehicles that our essence takes on to live

here on earth, the earth, water, fire, air and ether. The circle at the centre symbolizes a black hole of no-thing-ness, out of which all manifestation comes. The black hole symbolizes spirit which is non-energetic, non-material, the Zat from which all Sifat or qualities of energy/matter have come.

All laying-on-of-hands chakra balancing is done with complete awareness of the heart chakra using it's innate ability to integrate, organize, balance and unite spirit and matter, male and female, God and man, the above with the below, the within and the without. The science of Heart Math™ shows us that the heart is the key to human evolution and divine perfection, as well as the key to health and high level wellness.



We are one. Oneness is the heart's destination.