



Flowering of the Heart Academy of Vibrational Healing

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The Grace, Art and Science of Vibrational Healing

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The study of Vibrational Healing, which started for me in 1970, has been and will continue to be a life-long process.

The nature of reality, as known & shared by mystics for millennia, has now clearly been adopted & expressed by cutting edge scientists in their own language from the worlds including but not limited to... quantum physics, the biology of perception, the scientific study of consciousness, and the biology of emotions. These and other scientists speak of a reality of vibrations, energy, light and sound, a frequency realm, an "info-realm", a realm of infinite possibilities and material probabilities, a realm where spirit and matter are really just two sides or expressions of the same coin. Science and spirituality have married and are now more compassionately exploring their relationship!

As a youth of about 12 years old in my science class with Mr. Dispigno in Kings Park, Long Island, New York, I distinctly remember the thought that occurred to me that I would live my life to marry science and spirit. I had a few experiences early in life that showed me the realm of spirit was accessible through sound and that a frequency realm existed, even though it scared me, that through turning or rotating very rapidly, could take matter into an invisible realm. These early inklings lead me to dedicate my adult life to spiritual realization and the study and practice of vibrational healing. If you are interested in reading about this personal quest, please read my book, **Bringers of the Golden Ball**, which describes my 38-year journey to the pinnacle of Vibrational Healing.

This journey led me to found one of the first schools of Vibrational Healing in North America in 1981. In my 38 years on this path of vibrational healing I have been exposed to, have been practicing the Grace, Art, and Science of, have been teaching many many forms of, and have a deep respect and love for almost all the aspects of this infinite world that I have witnessed, including polarity therapy, colour therapy, sound healing, crystal therapy, flower essences, homeopathy, kinesiology, cranial balancing, energetic medicine from the Chinese and Indian ayurvedic systems, radionics and other forms of electronic shamanism such as acupuncture by Voll and other vibrational healing devices. This study has culminated with five face to face meetings with a spiritual Avatar and the personal experience given through Grace, that working directly with consciousness is the highest form of vibrational healing attainable by man (meaning both men and women of course).

It is only because I had a solid foundation of over 36 years at the point I had met Bhagavan and his wife Amma, that I clearly understood through direct experience, that the modality or modalities chosen by the individual were

secondary (however essential and foundational) and that consciousness itself is primary. In other words the effectiveness of any modality used by the therapist in his or her interaction with their clients is primarily dependent on the level and power of the consciousness that moves through that modality or modalities that he or she has chosen. In other words, consciousness is primary... the modality is secondary.

Vibrational Healing is based on the understanding that everything in the Universe is built of energy and matter and that energy and matter are interconvertible. Some 'things' are more refined and exist in a more energetic 'form', such as thought, light and sound. Other things are less refined, denser and exist in a more material form, such as the physical aspects of rocks, bones and trees.

Since energy and matter are interconvertible ($E=mc^2$) we can say that everything is energy operating either in a more refined or denser way. Or we can say that everything in creation is matter operating from a subtler or denser nature. From a spiritual perspective we know that both energy and matter or matter and spirit are both manifestations of conscious intelligence.

Our senses are able to perceive different aspects of the massive sea of energy/matter known as the Electromagnetic Spectrum (ES). Science has invented devices that are able to perceive other aspects of this ES. For example there are scientific devices that register and make use of X-rays, infrared radiation, gamma radiation, laser light energy, chakra and meridian energies, and ultra sound, etc.

The vibrational therapist seeks to find energy remedies to resonance couple with the bodymind's needs that feed and balance and heal the bodymind at the core of our being. This core exists in a subtle energy domain, what the mystics have called our soul. Some scientists call this the Info Realm (Pert, 1997... it was Candace Pert who first coined the word bodymind from her work with the opiate receptors in the 1970s), others call it the Unbroken Continuity (Bohm, 1978) and declare that it is beyond time and space.

What is "resonance"? An example will serve: If you pluck a string on a guitar, the corresponding string of another guitar in the room begins to resonate too. Resonate means to re-sound.

A further extraordinary scientific discovery is the fact that cells communicate with each other by means of certain wavelengths (frequencies). Cells resonate each other.

Where this form of cellular communication remains unimpaired by disturbance frequencies, the person in question is considered to be healthy.

A toxin, for example, entering the body, has disturbed frequency patterns, which interfere with the body's own regulatory powers and in turn impair the body's functions.

Many physicians in Germany and other holistic physicians and naturopaths from around the world use one device, the BICOM or Bio Resonance Computer. The BICOM is able to both measure the energy in organs as well as transmit needed frequencies to the bodymind of the client.

Using the BICOM device, frequency patterns, which cause illness, can be transformed into therapeutically effective frequency patterns.

Some therapists like Barbara Brennan have developed their ability to **see the subtle energy fields** known as the aura surrounding a human being; others, called **medical intuitives** like Carolyn Myss, are able to perceive the health conditions of organs inside the human body, while some individuals are able to read the '**Akashic records**'¹ which are records made on the plane of very subtle energy/matter known as the akash.

Since the days of its founder Samuel Hahnemann, **homeopathy** has recognized that remedies made according to homeopathic methods, which no longer show the presence of any molecules of the original substance used to make them (remedies that are beyond the 24X potency), somehow are more powerful in their action than are the same remedies not so diluted (those remedies that are below 24X).

The mere idea, let alone the possibility, that a remedy, examining which, a chemist could find no measurable evidence of physical substance present, could have a more powerful healing action than a remedy that has physical matter present, is too much for many scientists as well as lay people to even imagine.

From a limited vantage point, some scientists react in a knee-jerk fashion and mistakenly call high potency homeopathy quackery.

Trevor Cook, PhD. and other scientists have looked at high potency homeopathic remedies using nuclear magnetic resonance imaging (NMRI) and have demonstrated distinctive readings of subatomic activity in them. This same potency was not found using NMRI of placebos. Another scientist, Dr. Ludwig has demonstrated that homeopathic remedies give off specific electromagnetic frequencies, unique to those remedies.

Flower essences have a similar action, although they are not formulated according to homeopathic methods. Flower Essence Therapy has been around since Lemurian times when the dew from flowers was used to balance the subtle energies of the patient during healing temple ceremonies.

The grandfather of modern flower essence therapies was Dr. Edward Bach, MD. After a brilliant career as a scientific medical physician he ended his life as a metaphysician with his introduction of the English flowering plants to the world.

¹ Akash means primal matter in Sanskrit. This matter is so subtle that every thought, word and action makes a recordable/readable impression on it. The Hebrew prophets called the Akashic Records "The Book of God's Memories." A trained and gifted reader of the Akash can read the individual's soul records when invited by the client. The sleeping prophet, Edgar Cayce brought Akashic Record readings into the modern awareness.

Bach stated, "Let everyone remember that his Soul has laid down for him a particular work, & that unless he does this work... he will inevitably raise a conflict between his Soul and personality which of necessity reacts in the form of physical disorders..."

Since Bach's time there have been numerous flower essence systems offered to the world, such as Carol Asher's **Flower Essences of Languedoc**, whose rescue remedy is shown to the left.

Both high potency homeopathy and flower essences act primarily on the more subtle aspects of our being - our emotions, thoughts, chakras, meridians and soul body.

The **energetics of essential oils** are being used by many practitioners according to both **chakra** and **meridian** (5 element) energy models. The **Chakra Kit** is one such use of essential oils for their vibrational healing properties.

Essential Oil Bath Therapy (EOT) is another modality that uses essential oils for their ability to heal long-standing imbalances in the subtle bodies of humanity. Milli Austin, the founder of this technique, certified many practitioners in EOT in America.

This powerful therapy involves full immersion baths with essential oils. EOT cleanses and heals the energy bodies, i.e., the aura and the major and minor chakras and offers a deep, profound and life changing therapy in the comfort & safety of the client's own home.

The essence of life (prana-shakti) pours forth into the chakras. The chakras then transmit this life force into the physical body through the nervous system, endocrine glands & the piezoelectric connective tissues.

During an EOT bath series, the essential oils act gently yet powerfully and permanently to heal, balance and restore the health of the subtle anatomy.



An EOT bath series is tailor made to the individual's specific energetic condition. The first step is a complete 2-hour assessment of the conditions of all the energy bodies. This is followed by a consultation with Robert where he shares the result of his assessment. In this consultation one sees the correlations and understand how past traumas and issues have affected one's health today. The individual is then given a bath series that they will complete in the privacy of their own home, with phone supervision available when needed.

Anointment Healing™, which employs simple techniques from cranial balancing, foot reflexology, laying-on-of-hands and toning, developed by Robert in 1990, is another therapy that makes use of the energetic

properties of pure essential oils & flower essences applied to the major and minor chakras and nadis².

Another practitioner who uses essential oils in a different way but according to their energetic properties is Gabriel Mojay who teaches a 5-element Chinese medicine approach to the use of essential oils. Robert has recently been introduced to this approach with Gabriel.

In vibrational healing, the resonance patterns (composed of various qualities or aspects such as biomagnetic, bioelectrical, negative space time, frequency, wavelength, and intensity) of many vibrational remedies are matched with what the client's bodymind is calling for. This is termed resonance coupling. Once the correct match has been determined and applied, vibrational remedies have profound healing effects on the clients who use them.

These vibrational remedies may be considered the 'food' that the bodymind's subtler aspects (chakras, meridians, electromagnetic aspects of each cell, tissue & organ) need for health, balance & wholeness.

In the vibrational healing model, it is the subtler aspects of the human bodymind, such as the chakras and meridians pictured in many of Alex Grey's paintings like the one above, that function on or closer to the plane of causation.

The proper functioning (balance, harmony, ease, health, homeostasis) or disease of the grosser physiological aspects of organs and organism are seen as the long-term effect of the harmony or disharmony of the subtler aspects of our being.

By taking care of the subtler aspects of our being, vibrational healing hopes to prevent disease conditions from taking hold in our physical cells, tissues and organs. Or, when the bodymind is dis-eased, the proper remedies provide the necessary food, medicine, consciousness, intelligence, force, or vibration which that bodymind needs to help it come back into vibrant health, it's natural state, God willing.

Preventing the ultimate diseases of old age and death for longer periods of time leaves a lot of work remaining to be done for both the scientists of the subtle and the scientists of the gross.

As exoteric and esoteric scientists work more and more closely together and come to respect each other's quest, we will move closer to the time where the seemingly broad chasm between them will disappear.

For an understanding of health from an Avatar's³ point of view, please see http://www.onenessindia.org/onenessindiaonline/images/gallery/health_video.html.

² Nadi means sound or vibration. There are three major nadis treated in Anointment Healing, the Ida (lunar force), Pingala (solar force), and Sushumna (infinite consciousness).

³ An Avatar, according to psychiatrist and kinesiologist Dr. David Hawkins in his book, Power versus Force, is someone whose consciousness measures 1000 on his [Scale of Consciousness](#).