



**Dr. Robert Chamberlain March, N.D.**

Box 197 Crafers, SA 5152 Australia

☎ 0433 692 341 📧 [Vibrational\\_Healing@dodo.com.au](mailto:Vibrational_Healing@dodo.com.au)

[Vibrational Healing on the Web](#)

**Dear Reader,**

Thank you for your interest and/or purchase of **The Grace Art & Science of Vibrational Healing... the Psychobiology of Mind Body Medicine**. This manual is the result of 39 years of my work in the fields of science, natural medicine and spirituality as a practitioner and teacher. It has been my desire since I was a teenager to 'marry' science and mysticism. I have taught all the sciences, biology, chemistry, physics, anatomy and physiology, and psychoneuroimmunology over a 39-year time span. And I have been a student of esoteric subjects, the chakras, the meridians, meditation, the Dances of Universal Peace, yoga, and more for 37 years and a teacher of these same topics for over 25 years.

Here is a complete list of the topics presented in this 562 page manual. This book is hyper linked for Distance Learning (Home-Study) via CD ROM. The manual itself sent by post is \$75 +\$5S&H (cash, check or credit card payment). A hard copy version (not hyperlinked) of the text is \$99.95. You get the full manual as part of my distance-learning course for a total of \$595 (Level III).

Only the links that get you from one section to another in the outline will work. Because this outline is not connected to the manual, the links to individual topics in the manual will not work.

Whether you are interested in the manual itself or in the manual as part of our distance-learning course, I will be happy to answer any further questions you may have. Please email me at [Vibrational\\_Healing@dodo.com.au](mailto:Vibrational_Healing@dodo.com.au) if you need any further details on my distance-learning course in Vibrational Healing. Phone me from Europe or the United States on + (61) 433 692 341 or in Australia on 0433 692 341.

If you have the manual **you may want to print out this complete listing of topics** so that you can see where you want to go anywhere in the whole text.

**In using this copyrighted material you agree not to copy, modify, create a derivative work, rent, lease or use the CD ROM software for any commercial purposes or transmit it over any electronic medium.**

All the best of Health, Light and Wisdom,

***Robert March, ND***

Dr. Robert Chamberlain March, BS, MsT, RMT, ND (USA Certified)

Flowering of the Heart Academy of Vibrational Healing

©2002-2009 ([Onward to the Manual Topics](#))

## Chapter I General Introduction

In this introductory chapter we will explore:

- What this book and course are [intended](#) to accomplish;
- [Why are we here](#) on this blue planet?
- The [Map is not the territory](#);
- The [limitation of words](#);
- The [nature of the soul](#);
- [Grace](#) and Freedom;
- The [Art & Science of Illumination](#);
- [Brief descriptions](#) of the seven components of the course: ([Back](#))
  1. [Evoking the relaxation response](#)
  2. [SERVE work](#)
  3. [Anointment Healing™](#)
  4. [A&P of Communication & Immune systems](#)
  5. [Meridian brushing & 5 Element theory](#)
  6. [Practical Holistic Nutrition](#)
  7. [Reunion™ Exercises](#)
- [Health freedom and the politics of health](#)
- [A Brief Look at the Elements of PNI](#) ([Back](#))

## Chapter II PNI And The Body Mind Connection

In this chapter you will learn:

- [The meaning of PNI](#);
- [The roots of PNI](#);
- [Deeper meaning of PNI](#);
- [Where does the endocrine system fit in?](#)
- [Role of environment & social systems](#);
- [Information chemicals](#);
- [Chopra, PNI & the Quantum](#);
- [Why is emotion not mentioned in the PNI equation?](#) ([Back](#))
- [Bach and Languedoc, the Healing Power of Flowers](#);
- [Science Coming To The Rescue of Spirituality](#);
- [As you think in your heart, so you become](#);
- Section II - [The Biology of Emotion](#).

## Chapter II Section II - Candace Pert, PhD... The Biology Of Emotions Model

The Biology of Emotion Model teaches us about:

- [Receptors;](#)
- [Information Chemicals;](#) (Back)
- [Binding;](#)
- [The Ligand;](#)
- [Sympathetic Resonance;](#)
- [The Result of the Dance Between Ligand & Receptor;](#)
- [Receptor specificity;](#)
- [Three Types of Ligands;](#)
- [Physiological Substrates of Emotion;](#)
- [Definition of Emotion;](#)
- [The Limbic System](#)
- [Wilder Penfield experiments](#)
- [Robert Plutchik Theory of 8 Primary Emotions](#) (Back)
- [The Triune Brain Theory of Paul MacLean](#)
- [William James Walter Cannon Debate](#)
- [Elmer Green's Biofeedback Work](#)
- [History of Information Substance Research](#)
- [Nodal Points](#)
- [The Molecular Basis of Memory](#)
- [Neuropeptides and States of Consciousness](#)
- [Monocytes and Information Substances](#)
- [The Mind, Information Theory and the Psychosomatic Network](#)
- [Emotions...Travellers between 2 Realms](#)
- [Emotional Resonance and Extra-corporeal Peptide Reaching](#)

## Chapter III

### Healing The Mind-Body Split

In this chapter we will explore:

- [The definition of mind-body split;](#)
- [Where the mind-body split comes from;](#)
- [Misplaced identification and it's fruits;](#) (Back)
- [Definition of mind;](#)
- [Definition of body;](#)
- [Definition of soul;](#)
- [Highest level of mind;](#)
- [Myth of the body as sinful;](#)
- [The power of belief;](#)
- [Co-creating reality;](#)
- [Throat chakra, the akash & the thyroid/parathyroid glands;](#) (Back)
- [Metal element in Taoist medicine;](#)
- [Be careful what you say, you may get what you ask for;](#)
- [Thought, speech, and emotion are immune modulators;](#)

- [The brain thymus connection;](#)
- [Consciousness is primary;](#)
- [I feel, therefore I am;](#)
- [Cancer and heart disease and the mind-body split;](#)
- [Time to become fully hu-man;](#)
- [Development of the enlightened heart chakra personality;](#)
- [Develop our ability to discern truth from falsehood;](#)
- [Key to healing the mind-body split;](#)
- [Autoimmune diseases and negative self-image;](#)
- [Transactional Analysis mantras;](#)
- [High frequency matter can house more information...the chakra model;](#) (Back)
- [Solar plexus energy disconnected from the heart;](#)
- [The mind-body split ultimately leads to separation and death](#)
- [When the power of love replaces the love of power.](#)

## Chapter IV

### Silence and Science: Eliciting The Relaxation Response

In this chapter you will learn:

- [What is the relaxation response... the work of Herbert Benson;](#)
- [The common features of the relaxation response;](#)
- [The Physiological Effects of the relaxation response;](#) (Back)
- [Stressors as disruptors of bodymind homeostasis;](#)
- [Eustress or good stress;](#)
- [Negative or bad stress;](#)
- [A Key Factor in the stress equation;](#)
- [Caution in 'positive thinking' model;](#)
- [Another Key Factor in stress equation;](#) (Back)
- [Stress and doctor visits;](#)
- [Stress related disorders;](#)
- [Behavioural and physiological effects of stress;](#)
- [Hans Selye and GAS;](#)
- [Stress responses that characterize GAS;](#)
- [Phase two of GAS; the state of resistance;](#)
- [Phase three of GAS; the state of exhaustion;](#)
- [Stress can impair immune functioning;](#)
- [Grace... a Hidden, Mystical Factor in Health](#)
- [General recommendations for beginning Stress Management programs;](#) (Back)
- [Techniques for Evoking the Relaxation Response](#)
  - a. [Progressive Relaxation](#)
  - b. [Autogenic Training](#)
  - c. [Concentration or Focused Attention](#) and [Brain Wave States](#)
  - d. [Prayer](#)
  - e. [Meditation](#)

1. [Mujahida Meditation](#)
  2. [Physiology of meditation](#)
  3. [Spiritual effect of meditation](#)
- f. [Guided Imagery](#);
- g. [Guided Imagery and Yantra Yoga](#) [\(Back\)](#)

## Chapter V

### Hands On Stress Reduction: Somatoemotional Integration

"For every thought supported by feeling,  
there is a muscle change. Primary muscle  
patterns being the biological heritage of man,  
man's whole body records his emotional thinking"  
- Mabel Ellsworth Todd

In this chapter we will explore: [\(Back\)](#)

- [The veiling process that covers our essential nature](#);
- [One Solution... training in the Art & Science of Liberation](#);
- [Attraction and aversion... getting caught up in the wheel](#);
- [Killing the messenger... not listening to the message](#); [\(Back\)](#)
- [Buddha's Middle Path](#);
- [A New Paradigm of Growth](#);
- [A Touch Poem](#);
- [SERVE work](#);
- [Enlightenment](#);
- [The purpose of SERVE or SI bodywork](#);
- [Proper attitude for successful SI work](#);
- [The basics of SI work](#);
- [Some bodymind correlations](#);
- [Physical, Emotional, Mental & Chakra aspects of Neck flexibility](#);
- [Laying-on-of-hands & other energy work](#);
- [Chakras and Chakra Balancing](#);
- [Kundalini and safe chakra meditation](#);
- [Number of Petals in the chakras](#);
- [Matching Belief System to Therapy chosen](#); [\(Back\)](#)
- [Intuition first, intellect second](#);
- [Training wheels for the Intuitive Mind](#);
- [3 Methods for Chakra Tuning](#);
- [Hans Jenny and the Effect of Sound on matter](#).

**Chapter VI**  
**Somatoemotional Integration II**  
**Sweet Thixotropic Transformation**  
**The Deep Tissue Work Component**

In this chapter we will explore:

- [The fluid crystalline nature of connective tissues;](#)
- [Connective tissue is piezoelectric;](#)
- [The communication role played by the connective tissues;](#)
- [Zero Point Energies;](#)
- [Connective Tissue is Thixotropic;](#) (Back)
- [Some causes of dis-eased states of our connective tissues;](#)
- [One solution for 'up-tight' connective tissue;](#)
- [Various types of CT found in the human bodymind;](#)
- [Working the CTs for disease prevention;](#)
- [The 11 session SI bodywork sequence;](#)
- [Session I Heart Chakra Attitude and Philosophy;](#)
- [Caveat 1 - 'Sanpathic' deep feeling Karmic conditions;](#)
- [Caveat 2 - 'Chop Wood and Carry Water'](#)
- [Session II Solar Plexus Chakra Attitude and Philosophy;](#)
- [Two powers operating on Earth - Sufi Master Inayat Khan;](#) (Back)
- [Session III Head Chakras Attitude and Philosophy;](#)
- [Aramaic, Jesus, and a bone of contention;](#)
- [Sahasrara Chakra;](#)
- [Ajna Chakra;](#)
- [Session IV Generative Chakra Attitude and Philosophy;](#)
- [The Strongest Force in the Universe;](#)
- [Tantra;](#)
- [Wheel of Fire Chakra.](#)

**Chapter VII**

**The Anatomy and Physiology of The Communication and Immune Systems**

Table of Contents:

- ❖ [Purpose of Immune System](#)
- ❖ [Anatomy of Immune System](#)
- ❖ [Wandering Immune Cells](#)
- ❖ [Cytokines and Immunity](#)
- ❖ [The Thymus Gland and Immunity](#) (Back)
- ❖ [Thymic Hormones](#)
- ❖ [Bone Marrow, B and T cells](#)
- ❖ [Splenic Function in Immunity](#)
- ❖ [Lymph Nodes](#)
- ❖ [Natural Killer Cells](#)
- ❖ [The Immune System, Taoist Teachings and the Heart Chakra](#) (Back)
- ❖ [Concentration and Meditation on the Heart Chakra](#)

- ❖ [Chinese Medicine and Immunity](#)
- ❖ [The Function of the Endocrine System](#)
- ❖ [The Meaning of the Word Endocrine](#)
- ❖ [Organs and Glands in the Endocrine System](#)
- ❖ [Endocrine Chakra Correspondences](#)
- ❖ [The Various Types of Hormonal Communication](#)
- ❖ [The Cellular Mechanisms of Hormonal Action](#)
- ❖ [Regulation of Hormonal Secretion](#)
- ❖ Simple Hormonal Regulation [Negative Feedback](#) and [Positive Feedback](#)
- ❖ [Complex Hormonal Regulation](#)
- ❖ [The Thymus Brain Connection](#) (Back)

## Chapter VIII

### Meridian Brushing and 5 Element Theory

In **section I** of this Chapter you will learn about:

- ❖ [Chinese medicine as a 4000 year old](#) art and science;
- ❖ [Why Chinese medicine is innately](#) holistic;
- ❖ [The 5 primary types of Chi](#);
- ❖ [What a meridian is](#);
- ❖ [The focus of this chapter](#);
- ❖ [The relationship between meridians](#) and chakras;
- ❖ [The nature of Chi](#);
- ❖ [Imbalances of Chi](#);
- ❖ [Variations in Chi](#);
- ❖ [5 bodily functions influenced by the](#) flow of Chi; (Back)
- ❖ [3 Origins of Chi](#);
- ❖ [5 Functions of Chi](#);
- ❖ [5 Types of Chi](#) (simple list);
- ❖ [The theory of Yin and Yang](#);
- ❖ [Qualities of Yin and Yang](#);
- ❖ [More in depth definition of meridians](#);
- ❖ [Benefits of Adding Meridian](#) Massage to Swedish Massage;
- ❖ [More on meridians](#);
- ❖ [Scientific research on meridians](#);
- ❖ [Learning the meridians](#):
  - a. [By element and season](#)
  - b. [By the time flow of Chi](#)
- ❖ [The cun unit of measurement](#) of meridian distance; (Back)
- ❖ [Three charts](#) showing the time flow of Chi;
- ❖ [Five element theory](#);
- ❖ [The Sheng cycle](#);
- ❖ [The Ko cycle](#);
- ❖ [A 5 element chart](#) of correspondences;
- ❖ [A Pneumonic for learning the time flow of Chi](#);

Learning meridians in Time Flow of Chi

- a. [Heart Meridian](#)
- b. [Small Intestine Meridian](#)
- c. [Meridian Brushing H&SI](#)
- d. [Bladder Meridian](#)
- e. [Kidney Meridian](#)
- f. [Brushing Bladder & Kidney](#)            [\(Back\)](#)

## Chapter VIII Section II Time Cycle Flow of Chi

In this section we will explore:

- ❖ [The Pericardium Meridian;](#)
- ❖ [The Triple Heater Meridian;](#)
- ❖ [Meridian Brushing P & TH Meridians;](#)
- ❖ [The Gall Bladder Meridian;](#)
- ❖ [Gall Bladder Anatomy;](#)
- ❖ [The Liver Meridian;](#)
- ❖ [Liver Anatomy;](#)
- ❖ [Meridian Brushing GB & L Meridians;](#)
- ❖ [The Lung Meridian;](#)
- ❖ [The Large Intestine Meridian;](#)            [\(Back\)](#)
- ❖ [Large Intestine Anatomy;](#)
- ❖ [The Metal Element Wheel;](#)
- ❖ [Lung and Large Intestine Anatomy;](#)
- ❖ [The Stomach Meridian;](#)
- ❖ [Stomach Anatomy;](#)
- ❖ [The Spleen Pancreas Meridian;](#)
- ❖ [Start and End Points on the Hands;](#)
- ❖ [Start and End Points on the Foot.](#)

## Chapter VIII

### Section III Additional Topics In Chinese Medicine

In this section we will explore:

- ❖ [Topics For Additional Understanding;](#)
- ❖ [Association Points Along the Bladder Meridian;](#)
- ❖ [Generalized Location Map For Association Points;](#)
- ❖ [Association Points Correlated to Nervous System Organization;](#)
- ❖ [Source Point Locations;](#)
- ❖ [Diagrams of Source Point Locations;](#)
- ❖ [The Governing Vessel;](#)
- ❖ [The Conception Vessel;](#)
- ❖ [Chart of Meridian and Chakra Correspondences;](#)
- ❖ [Chinese Cycle of Nine with Meridian Affirmations:](#)            [\(Back\)](#)
  - a. [Earth at the center;](#)

- b. [Heaven Year](#);
  - c. [Lake Year](#);
  - d. [Mountain Year](#);
  - e. [Fire Year](#);
  - f. [Water Year](#);
  - g. [Earth Year](#);
  - h. [Thunder Year](#);
  - i. [Wind Year](#);
  - j. [Back to Earth at the center](#).
- ❖ [Finding Your Birth Year Base Number](#);
  - ❖ [Taoist Energy Patterns and the Cycle of Nine](#).

## Chapter IX

### Practical Holistic Nutrition

#### Section I - Introduction

In this section you will learn about:

- ❖ [The Potential for a longer healthier life](#);
- ❖ [Newly discovered antioxidants](#);
- ❖ [Anti-aging supplements](#);
- ❖ [Green superfoods](#);
- ❖ [New aids in the prevention bag](#);
- ❖ [Health on all levels - the wholistic approach](#); ([Back](#))
- ❖ [Quote from the grandfather of natural medicine](#);
- ❖ [The 11 Basic Principles of Physical Wellness](#);
  - a. [Minerals](#)
  - b. [Vitamins](#)
  - c. [Enzymes](#)
  - d. [pH Balance](#)
  - e. [Oxygenation](#)
  - f. [Energy Principles](#)
  - g. [Basic 4 Food Nutrients](#)
  - h. [Water](#)
  - i. [An expanded view of 'food'](#)
  - j. [Where do Toxins come from?](#)
  - k. [Eliminating Toxins](#)
- ❖ [Holistic Nutrition in a Larger Context](#)
- ❖ [Summary of the 11 Principles](#)
- ❖ [Definitions and Quotes](#) ([Back](#))
  - a. [Whole](#)
  - b. [Sound](#)
  - c. [Holy](#)
  - d. [Heal](#)

- e. [Epictetus quote](#)
- f. [March quote](#)
- g. [What Makes It Holistic?](#)
- h. [Food](#)

❖ [The Four Essential Macromolecules & Their Uses](#)

- a. [Carbohydrates](#)
- b. [Lipids \(Fats\)](#)
- c. [Proteins](#) [\(Back\)](#)
- d. [Nucleic Acids](#)

❖ [Other Important Molecules and Molecular Processes](#)

- e. [Lipoproteins and ATP](#)
- f. [Enzymes](#)
- g. [Summary Chart of Digestive Enzymes](#)
- h. [Lipoproteins in Blood](#)
- i. [Blood Cholesterol](#)

❖ [Heart Disease](#)

❖ [More on Fats - Fats and Aging](#)

❖ [Food & Supplement Anti-aging Strategy](#) [\(Back\)](#)

❖ [The Pineal Gland and Melatonin](#)

## Chapter IX

### Practical Holistic Nutrition

#### Section II An Expansive View Of Food

In this section you will learn about:

- ✓ [Food for the physical body;](#)
- ✓ [Food for the emotional body;](#)
- ✓ [Food for the mental body;](#)
- ✓ [Food for the spiritual body;](#)
- ✓ [The Merkabah;](#)
- ✓ [DHEA;](#)
- ✓ [Foods & Supplements to enhance Immunity;](#)
- ✓ [The Principal Vitamins;](#)

a. [Fat Soluble](#)

1. [A](#)
2. [D](#)
3. [E](#)
4. [K](#)

b. [Water Soluble](#)

1. [B1](#)
2. [B2](#)
3. [B3](#)
4. [B5](#)
5. [B6](#)

6. [B12](#)

7. [Folic Acid](#) [\(Back\)](#)

8. [Biotin](#)

9. [Choline](#)

10. [PABA](#)

11. [C](#)

12. [Bioflavenoids](#)

13. [OPCs](#)

14. [CoQ10](#)

[\(Back\)](#)

- ✓ [Recommended dosages;](#)
- ✓ [pH Acid Base Scale;](#)
- ✓ [Toxic Bowel Syndrome;](#)
- ✓ [Fungus;](#)
- ✓ [Candida;](#)
- ✓ [Beneficial Antifungal Nutrients and Supplements;](#) (Back)
- ✓ [How do you know if you have a fungal infection?](#)

## Chapter IX Section II Page 2 Topics

- ✓ Quotes:
  - a. [Einstein](#)
  - b. [Hippocrates](#)
  - c. [Epictetus](#)
  - d. [Rilke](#)
  - e. [Sufi](#)
- ✓ [Strengthening the Immune System \(IS\)](#)
- ✓ [Cousens and Subtle Organizing Energy Fields \(SOEFs\)](#)
- ✓ [Heart Chakra and health](#)
- ✓ [Significant Units of Action & Professor Brekhman](#)
- ✓ [Cooking and SOEFs](#)
- ✓ [Vitamin A and the Immune System](#) (Back)
- ✓ [Vitamin C and the IS](#)
- ✓ [Vitamin E and the IS](#)
- ✓ [Green Superfoods and the IS](#)
- ✓ [OPCs and the IS](#)
- ✓ [Selenium and the IS](#)
- ✓ [Kelp and other Sea Vegetables & the IS](#)
- ✓ [Vitali-Tea & Essiac Tea](#)
- ✓ [Siberian Ginseng](#)
- ✓ [Echinacea](#)
- ✓ [Goldenseal](#)
- ✓ [Astragalus](#)
- ✓ [Fu Zheng Therapy](#) (Back)
- ✓ [Negative Dietary Habits](#)
- ✓ [Keys to strengthening the IS](#)
- ✓ [Foods to avoid](#)
- ✓ [Tapping into the Zero Point](#)
- ✓ [Food Combining](#)
- ✓ [Cursio Diet](#)
- ✓ [D'Adamo Diet](#)

## Chapter IX

### Practical Holistic Nutrition Section III

In this section we will examine:

- ✓ [The acid/alkaline question;](#)
- ✓ [Symptoms of excess acidity;](#)
- ✓ [Ways to Alkalize the System;](#) (Back)
- ✓ [Symptoms of excess alkalinity;](#)
- ✓ [Ways to Acidify the System;](#)
- ✓ [pH Chart for Urine & Saliva analysis;](#)
- ✓ [The Path Less Traveled On;](#)
- ✓ [Pasteur's death bed utterance;](#)
- ✓ [What is the "terrain"?](#)
- ✓ [Green Magic](#)
- ✓ [Oligomeric Proanthocyanidins](#) (Back)
- ✓ [MegaPro OPCs](#)
- ✓ [Vitali-Tea](#)
- ✓ [Transfer Factor](#)
- ✓ [Directions For Taking Supplements](#)

## Chapter X

### [The Reunion™ Exercises](#)

## Chapter XI

### Health Freedom and the Politics of Health

#### Table of Contents:

- ✓ [Eternal vigilance required](#)
- ✓ [Health as an Unalienable Right](#)
- ✓ [A shift in consciousness needed](#)
- ✓ [Color of Law - Its Definition](#)
- ✓ [The greatest failing of the Constitution](#)
- ✓ [The shift required in health care](#) (Back)
- ✓ [The inherent nature of states and governments](#)
- ✓ [The consequence of accepting licensing schemes](#)
- ✓ [The legal definition of license](#)
- ✓ [Supreme Court defends Unalienable Right to labor](#)
- ✓ [Supreme Court Defines Liberty](#)
- ✓ [Forgotten 9<sup>th</sup> Amendment](#)
- ✓ [The Essence of a Republic Form of Government](#)
- ✓ [A brief history of American Law](#)
- ✓ [Americas Divine Freedom Heritage](#)
- ✓ [Jefferson's Banking Prophecy](#)
- ✓ [Politics of health and Law](#)
- ✓ [New England Journal of Medicine Stats 1993](#) (Back)
- ✓ [Breath a Key to Health](#)
- ✓ [Obvious Points on Eating & Drinking](#)

- ✓ [Physical Longevity and the Law](#)
- ✓ [What Aristotle and Emerson had to say about the State](#)
- ✓ [The Relationship between Knowledge, Wisdom, Love & Compassion](#)
- ✓ [Proposed Principles for Good Government](#)

**Chapter XII Section I**  
**Spiritual & Energetic Healing**  
**The Infinite Field of Vibrational Medicine**



[\(Back\)](#)

"If thine eye be single, thy whole  
body shall be filled with light"

- Yeshua (Jesus), the Christ

[\(MTOC\)](#)

**Table of Contents For Chapter 12:**

[Concepts in Medicine](#)

[Modern Taoist Healing Map](#)

[Metaphysics of Sound](#)

[The Science of Vibration... Infinite Mind Valerie Hunt](#)

[Theories of the Chakras Motoyama](#)

[A Sufi Message of Spiritual Liberty](#)

[The Mysticism of Sound](#)

[Abstract Sound](#)

[The Sound Hu](#)

[A Sufi View of the Chakras](#)

[Vibrations](#)

[The Nature, Secret & Power of Music](#)

[Anointment Healing™](#)

[\(Back\)](#)

## Section II Anointment Massage ... Sacred Body ... Holy Mind

(Back)

### Contents of Anointment Healing Manual

1. [Introduction to Vibrational Healing](#). Anointment Massage is a subdivision of the larger field of Vibrational Medicine or Vibrational Healing.
2. [PNI Historical Time Line](#). PNI (Psychoneuroimmunology) research provides much of the scientific basis for Vibrational Healing and Anointment Massage. Not shown on the **PNI Timeline** but deserving special mention is the research of Hiroshi Motoyama and Valerie Hunt.
3. [The Electromagnetic Spectrum \(ES\)](#). Everything in Nature, including but not limited to subatomic particles, atoms, the molecules of emotion, cells, tissues, organs and organisms, is alive with vibration. These vibrations form part of the ES. Vibrational healing attempts to resonance couple the vibrations the bodymind is calling for to attain sound health and balance with the vibrational signature of the correct remedy or remedies. ([Back](#))
4. [Anointment Healing - the Superstructure](#). Definitions.
5. [Anointment Healing components](#).
6. [Anointment Healing Sequence](#).
7. [Vibrational Remedies Used in Anointment Healing](#).
8. The research of [Valerie Hunt](#):
9. Brain waves, heartbeat, muscle contraction and the 'energy field'.
  - a. The use of telemetry equipment (14<sup>th</sup> octave).
  - b. Rolfing studies.
  - c. Other researchers including Pribram, Bohm, Beck, Shumann & 3 neurophysiologists.
10. The research of [Hiroshi Motoyama](#) - the mystic scientist from Japan.
11. [A Sufi Message of Spiritual Liberty](#) - more from Murshid Inayat Khan. ([Back](#))
12. [The Mysticism of Sound](#) - Mystical writings of Pir-O-Murshid Hazrat Inayat Khan.
13. The [Quantum Model](#) of Deepak Chopra.
14. The [Positive-Negative Space/Time Model](#) of William Tiller.
15. [The Chakras](#) - rotating vortices of subtle energy/matter: Chakra Wheel.
16. [Pearls from the research of Candace Pert](#).
17. [The Soul of the Rose](#).



BIBLIOGRAPHY - [SCIENTIFIC AND ESOTERIC APPROACHES TO VIBRATIONAL HEALING](#)

BIOGRAPHICAL - [SHORT BIOGRAPHY OF THE AUTHOR](#) ([Back](#))

SKETCH

**-End-**