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[Vibrational Healing on the Web](#)

**Dear Reader,**

Thank you for your interest and/or purchase of **The Grace Art & Science of Vibrational Healing... the Psychobiology of Mind Body Medicine**. This manual is the result of 39 years of my work in the fields of science, natural medicine and spirituality as a practitioner and teacher. It has been my desire since I was a teenager to 'marry' science and mysticism. I have taught all the sciences, biology, chemistry, physics, anatomy and physiology, and psychoneuroimmunology over a 39-year time span. And I have been a student of esoteric subjects, the chakras, the meridians, meditation, the Dances of Universal Peace, yoga, and more for 37 years and a teacher of these same topics for over 25 years.

Here is a complete list of the topics presented in this 562 page manual. This book is hyper linked for Distance Learning (Home-Study) via CD ROM. The manual itself sent by post is \$75 +\$5S&H (cash, check or credit card payment). A hard copy version (not hyperlinked) of the text is \$99.95. You get the full manual as part of my distance-learning course for a total of \$595 (Level III).

Only the links that get you from one section to another in the outline will work. Because this outline is not connected to the manual, the links to individual topics in the manual will not work.

Whether you are interested in the manual itself or in the manual as part of our distance-learning course, I will be happy to answer any further questions you may have. Please email me at [Vibrational\\_Healing@dodo.com.au](mailto:Vibrational_Healing@dodo.com.au) if you need any further details on my distance-learning course in Vibrational Healing. Phone me from Europe or the United States on + (61) 433 692 341 or in Australia on 0433 692 341.

If you have the manual **you may want to print out this complete listing of topics** so that you can see where you want to go anywhere in the whole text.

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All the best of Health, Light and Wisdom,

***Robert March, ND***

Dr. Robert Chamberlain March, BS, MsT, RMT, ND (USA Certified)

Flowering of the Heart Academy of Vibrational Healing

©2002-2009 ([Onward to the Manual Topics](#))

## Chapter I General Introduction

In this introductory chapter we will explore:

- What this book and course are intended to accomplish;
- Why are we here on this blue planet?
- The Map is not the territory;
- The limitation of words;
- The nature of the soul;
- Grace and Freedom;
- The Art & Science of Illumination;
- Brief descriptions of the seven components of the course: ([Back](#))
  1. Evoking the relaxation response
  2. SERVE work
  3. Anointment Healing™
  4. A&P of Communication & Immune systems
  5. Meridian brushing & 5 Element theory
  6. Practical Holistic Nutrition
  7. Reunion™ Exercises
- Health freedom and the politics of health
- A Brief Look at the Elements of PNI ([Back](#))

## Chapter II PNI And The Body Mind Connection

In this chapter you will learn:

- The meaning of PNI;
- The roots of PNI;
- Deeper meaning of PNI;
- Where does the endocrine system fit in?
- Role of environment & social systems;
- Information chemicals;
- Chopra, PNI & the Quantum;
- Why is emotion not mentioned in the PNI equation? ([Back](#))
- Bach and Languedoc, the Healing Power of Flowers;
- Science Coming To The Rescue of Spirituality;
- As you think in your heart, so you become;
- Section II - The Biology of Emotion.

## Chapter II Section II - Candace Pert, PhD... The Biology Of Emotions Model

The Biology of Emotion Model teaches us about:

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- [Information Chemicals;](#) (Back)
- [Binding;](#)
- [The Ligand;](#)
- [Sympathetic Resonance;](#)
- [The Result of the Dance Between Ligand & Receptor;](#)
- [Receptor specificity;](#)
- [Three Types of Ligands;](#)
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- [Robert Plutchik Theory of 8 Primary Emotions](#) (Back)
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- [William James Walter Cannon Debate](#)
- [Elmer Green's Biofeedback Work](#)
- [History of Information Substance Research](#)
- [Nodal Points](#)
- [The Molecular Basis of Memory](#)
- [Neuropeptides and States of Consciousness](#)
- [Monocytes and Information Substances](#)
- [The Mind, Information Theory and the Psychosomatic Network](#)
- [Emotions...Travellers between 2 Realms](#)
- [Emotional Resonance and Extra-corporeal Peptide Reaching](#)

## Chapter III

### Healing The Mind-Body Split

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- [Where the mind-body split comes from;](#)
- [Misplaced identification and it's fruits;](#) (Back)
- [Definition of mind;](#)
- [Definition of body;](#)
- [Definition of soul;](#)
- [Highest level of mind;](#)
- [Myth of the body as sinful;](#)
- [The power of belief;](#)
- [Co-creating reality;](#)
- [Throat chakra, the akash & the thyroid/parathyroid glands;](#) (Back)
- [Metal element in Taoist medicine;](#)
- [Be careful what you say, you may get what you ask for;](#)
- [Thought, speech, and emotion are immune modulators;](#)

- [The brain thymus connection;](#)
- [Consciousness is primary;](#)
- [I feel, therefore I am;](#)
- [Cancer and heart disease and the mind-body split;](#)
- [Time to become fully hu-man;](#)
- [Development of the enlightened heart chakra personality;](#)
- [Develop our ability to discern truth from falsehood;](#)
- [Key to healing the mind-body split;](#)
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- [Transactional Analysis mantras;](#)
- [High frequency matter can house more information...the chakra model;](#) (Back)
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- [The common features of the relaxation response;](#)
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## Chapter V

### Hands On Stress Reduction: Somatoemotional Integration

"For every thought supported by feeling,  
there is a muscle change. Primary muscle  
patterns being the biological heritage of man,  
man's whole body records his emotional thinking"  
- Mabel Ellsworth Todd

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- [The veiling process that covers our essential nature](#);
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- ❖ [What a meridian is](#);
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"If thine eye be single, thy whole  
body shall be filled with light"

- Yeshua (Jesus), the Christ

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3. [The Electromagnetic Spectrum \(ES\)](#). Everything in Nature, including but not limited to subatomic particles, atoms, the molecules of emotion, cells, tissues, organs and organisms, is alive with vibration. These vibrations form part of the ES. Vibrational healing attempts to resonance couple the vibrations the bodymind is calling for to attain sound health and balance with the vibrational signature of the correct remedy or remedies. ([Back](#))
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