

## **SRI BHAGAVAN'S MESSAGE – MARCH 7<sup>TH</sup>, 2007**

The root cause of all suffering is the sense of separate existence. We have a divisive consciousness that perceives things as the me and the not me, the mine and the not mine, as my people and yours, as my nation and yours. Having divided all things, we feel threatened by the other. Fear in turn breeds war, conflict and further forms of violence.

Are we then beyond redemption? Are we to remain a bunch of pessimistic philosophers or apathetic on-lookers bemoaning our collective doom? Not necessarily.

We as a race are on the brink of a colossal transition from one of separation to that of Oneness. We would awaken from darkness to light, from untruth to truth. We would realize the oneness of all living things.

Though each of us may live different lives, located away from each other in space and time, we are biologically, emotionally and spiritually one.

There is only one body. What happens to the animals in the seas, happens to us – men and women. What happens to the forests happens to us in our bodies, since our bodies like the trees are made of the same earth. Are not our bodies moving clay forms endowed with intelligence?

A conscientious effort at healing the earth would manifest as the ultimate healing of our own bodies.

There is only one mind. This is the mind that has flowed through our fore fathers, us and would in turn continue to live through our children and their progeny. The collective torment or fear suffered by our own brethren in one part of the world would manifest as sleeping or waking nightmares to someone else-where in the world. Our pleasures and pains are interminably interlinked. We are one and cannot continue to live any further in an illusion of separation.

There is only one consciousness. We live in a holographic universe. Every individual, awakening into oneness is automatically affecting a few thousand people pushing them towards the only sane alternative way of experiencing reality.

Our experience of reality having changed we would go on to discovering newer ways of living and loving. We would create a better planet for the present and the future. This is our shared destiny.